

Almond Sponge

Ingredients	Quantity	Cost (SGD)	% of Total
Almond Powder	150g	\$3.30	13%
Icing Sugar	150g	\$0.45	13%
Egg Yolk	130g	\$0.39	12%
Egg White (1)	90g	\$0.20	8%
Egg White (2)	300g	\$0.66	26%
Caster Sugar	180g	\$0.75	16%
Cake Flour	130g	\$0.23	12%

TotalSingle PortionWhole RecipeCost\$0.40\$5.98

Nutrition Facts

Serving Size 75.3g Servings Per Container 15

Servings r er contain		
Amount Per Serving		
Calories 220 Calori	es From Fat	70
	% Daily	
Total Fat 8g		12%
Saturated Fat 1.5g		7%
Trans Fat Og		
Cholesterol 110mg		37%
Sodium 45mg		2%
Total Carbohydrate	25g	8%
DietaryFiber 0g		0%
Protein 7g		
		0.0/
Vitam in A 4%	Vitam in C	0%
Calcium 4%	Iron	4%
* Percent Daily Values are calorie diet.	based on a 200	0

I. Put the almond powder, caster sugar, egg yolk and egg white (1) into the mixing bowl and stir until it is shiny, and the satin gradually disappears.

2. Whisk the egg white and sugar (2) together make a meringue and then mix well.

3. Sift the flour mix it into the batter, and mix in the meringue.

4. Pour into the baking tray, 180°C , and bake for 10-12 minutes.



Strawberry Jam

Ingredients	Quantity	Cost (SGD)	% Of Total
Strawberry puree	235g	\$1.63	43.2%
Raspberry puree	lllg	\$1.39	20%
Glucose liquid	55g	\$0.31	10%
Caster sugar	85g	\$0.35	16%
Pectin	10g	\$0.68	2%
Lemon juice	32g	\$0.22	6%
Lemon zest	2g	\$0.06	0.4%
Gelatin powder	2g	\$0.12	0.4%
Water	10g	\$0.00	2%

Total	Single Portion	Whole Recipe
Cost	\$0.32	\$4.77

Nutrition Facts

Serving Size 36.1g Servings Per Container 15

Servings Fer	Coma	nor to	
Amount Per Servi	ing		
Calories 50	Calo	ries From Fat	0
		% Daily	Value
Total Fat 0g			0%
Saturated Fa	at Og		0%
Trans Fat	0g		
Cholesterd	0mg		0%
Sodium 40m	g		2%
Total Carboh	ydrate	12g	4%
Dietary Fibe	r 1g		3%
Protein 0g			
Vitamin A (0%	Vitamin C	2%
Calcium	2%	Iron	0%
 Percent Daily V calorie diet. 	alues are	e based on a 2000)

I. Mix gelatin powder with water.

2. Heat puree, glucose and lemon peel.

3. When it reaches 40°C, add pectin NH and sugar.

4. When it starts to boil, add gelatin, stir for 3 minutes, and then add

lemon juice. Leave it in the refrigerator for a few hours. Stir the jam with a spatula and freeze it in a mold.

5. This recipe can make about 50pcs.



Double Berry Whipping Cream

Ingredients	Quantity	Cost (SGD)	% of Total
Raspberry puree	100g	\$1.25	8.4%
Strawberry puree	50g	\$0.35	4.2%
Cream(1)	200g	\$1.00	17%
Glucose	25g	\$0.14	2%
Invert sugar	25g	\$0.13	2%
Pâtissier Chocolate Artisan White 32% Couverture	230g	\$2.76	20%
Gelatin sheet	5g	\$0.00	0.4%
Cream(2)	550g	\$2.75	46%
Natural red coloring	p.s	\$0.85	9.2%

Nutrition Facts

Serving Size 79.1g Servings Per Container 15

Servings Fer Container 15	
Amount Per Serving	
Calories 280 Calories From F	at 220
% D	aily Value
Total Fat 24g	37%
Saturated Fat 15g	76%
Trans Fat Og	
Cholesterol 70mg	24%
Sodium 25mg	1%
Total Carbohydrate 13g	4%
DietaryFiber Og	0%
Protein 2g	
Vitam in A 15% Vitam in (2%
Calcium 6% Iron	0%
* Percent Daily Values are based on a 2 calorie diet.	2000

Total	Single Portion	Whole Recipe
Cost	\$0.62	\$9.23
COSt	\$0.0Z	Ψ7.25

I. Soften the gelatin with cold water

2. Cream (1) glucose and invert sugar boiled

3. Stir in chocolate and gelatin with a hand blender and mix the cream (2)

4. Add puree and mix with an appropriate amount of natural strawberry red coloring

5. Refrigerate the plastic wrap veneer for more than 6 hours, and then use it.

6. This recipe can make about 60 portions



Yuzu Raw Cream Cheese

Ingredients	Quantity	Cost (SGD)	% of Total
Caster sugar(1)	80g	\$0.33	7%
Cream cheese	400g	\$16.0	35%
Creek yogurt	160g	\$2.27	14%
100% Yuzu juice	60g	\$15.98	5.2%
Gelatin sheet	5g	\$0.30	0.4%
Whipping cream	400g	\$2.00	35%
Caster sugar(2)	40g	\$0.17	3.4%

TotalSingle PortionWhole RecipeCost\$2.47\$37.06
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Nutrition Facts

Serving Size 76.3g Servings Per Container 15

ocrvings i ci container 10			
Amount Per Serving			
Calories 220 Calories	From Fat 170		
	% Daily Value		
Total Fat 19g	29%		
Saturated Fat 12g	60%		
Trans Fat 0g			
Cholesterol 65mg	22%		
Sodium 90mg	4%		
Total Carbohydrate 90	3%		
Dietary Fiber 0g	0%		
Protein 3g			
Vitamin A 15% Vit	amin C 0%		
Calcium 4% Irc	on 2%		
 Percent Daily Values are base calorie diet. 	ed on a 2000		

I. Softize the gelatin with cold water

2. Add yogurt with sugar(1) to the soft cream cheese and mix well. Control the temperature to 25° C. Pour in 40g of yuzu juice and mix well.

3. Melt the remaining yuzu juice and gelatin together and mix it into the cream cheese mixture. Be careful to pour it while stirring to prevent the gelatin from solidifying.

4. Whip the cream and sugar (2) and mix them into the yuzu cheese paste in two times.

5. This recipe can make 40 portions 6cm diameter mousse rings.



Chocolate Shell

Ingredients	Quantity	Cost (SGD)	% of Total
Pâtissier Chocolate Artisan White 32% Couverture	200g	\$2.40	50%
Pâtissier Chocolate Artisan Cocoa Butter	200g	\$4.20	50%
Pâtissier Chocolate Artisan Royal Yellow Cocoa Butter	P.s	\$0.22	2%
Total	Single Port	ion W	hole Recipe
Cost	\$0.45		\$6.82

Nutrition Facts

Serving Size 26.7g Servings Per Container 15

Amount Per Serving				
Calories 200 Calor	ies From Fat 160			
	% Daily Value			
Total Fat 18g	28%			
Saturated Fat 11g	56%			
Trans Fat 0g				
Cholesterol 5mg	1%			
Sodium 5mg				
Total Carbohydrate	7g 2%			
DietaryFiber 0g				
Protein 1g				
Vitamin A 0%	Vitamin C 0%			
Calcium 2%	Iron 0%			
* Percent Daily Values are based on a 2000 calorie diet.				

I. Mixing all ingredients with chocolate and melted to 31°C use-15g/pcs

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Yuzu Glazing

Ingredients	Quantity	Cost (SGD)	% of Total
100% Yuzu juice	175g	\$46.61	55%
Pure water	125g	\$0.00	39.7%
Caster sugar	12g	\$0.05	3.8%
Kappa powder	5g	\$3.50	1.5%

Total	Single Portion	Whole Recipe
Cost	\$2.5 I	\$50.15

I. Heat the juice and pure water to 50°, then add a mixture of kappa and sugar and bring to a boil.

2. Using at 45-50°C - 15g/pcs.

Nutrition Facts

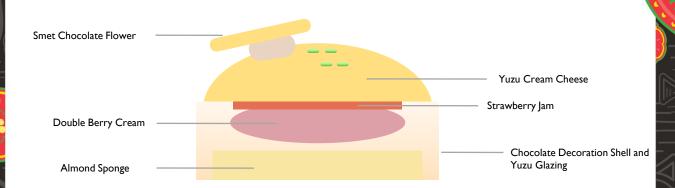
Serving Size 15.9g Servings Per Container 20

Cervings Fer Container 20					
Amount Per Serving					
Calories 0 Calori	es From Fat	0			
	% Daily	Value			
Total Fat 0g		0%			
Saturated Fat 0g		0%			
Trans Fat 0g					
Cholesterol Omg		0%			
Sodium Omg		0%			
Total Carbohydrate	1g	0%			
Dietary Fiber 0g		0%			
Protein 0g					
Vitamin A 0%	Vitam in C	0%			
Calcium 0%	Iron	0%			
* Percent Daily Values are calorie diet.	based on a 2000				

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All stated prices are indicative.

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