

# **Chestnut Yule Log**

#### **Chestnut Chocolate Cake Base**

Ingredients	Quantity	Cost (SGD)	% of Total
Flour	50g	\$0.08	0.7%
Sugar	350g	\$1.45	12.4%
Almond Paste	200g	\$3.12	26.7%
Chestnut Paste	150g	\$3.57	30.5%
Eggs	600g	\$2.72	23.2%
Pâtissier Chocolate Artisan 22-24% Cocoa Powder	50g	\$0.75	6.4%

Total	Single Portion	Whole Recipe
Cost	\$1.17	\$11.69

- Combine the dry ingredients.
- Beat the eggs and sugar till firm.
- Fold the dry ingredients to the egg mix.
- Bake at 180°C for 25 minutes depends on the cake size and oven type.

### **Nutrition Facts**

Serving Size 140g Servings Per Container 10

Amount Per Serving		
Calories 350 Calories From Fa	t 100	
% Daily	y Value	
Total Fat 11g	17%	
Saturated Fat 3g	15%	
Trans Fat 0g		
Cholesterol 255mg	85%	
Sodium 80mg	3%	
Total Carbohydrate 48g	16%	
Dietary Fiber 2g	6%	
Protein 17g		
Vitamin A 8% Vitamin C	0%	
Calcium 10% Iron	25%	
* Percent Daily Values are based on a 200	0	



## **Chestnut Yule Log**

#### Spice Ganache Insert Dark 61%

Ingredients	Quantity	Cost (SGD)	% of Total
Cream	140g	\$0.70	24.8%
Sugar	35g	\$0.15	5.2%
Butter	30g	\$0.53	18.6%
Cinnamon	2g	\$0.28	9.9%
Orange zest	5g	\$0.10	3.4%
Cardamom	2g	\$0.14	5%
Pâtissier Chocolate Artisan Dark 61% Couverture	200g	\$0.93	33.1%

Total	Single Portion	Whole Recipe
Cost	\$0.28	\$2.82

- Bring the cream to boil with all spices to enhance the aroma and pour over Pâtissier Chocolate Artisan Dark 61% Couverture.
- Add the butter with hand blender.

#### **Chestnut Cream For Piping**

Ingredients	Quantity	Cost (SGD)	% of Total
Chestnut Paste	400g	\$9.52	77.5%
Butter (Softened)	150g	\$2.63	21.4%
Vanilla Pods	0.1g	\$0.14	1.1%

Total	Single Portion	Whole Recipe
Cost	\$1.23	\$12.28

- ١. Mix the paste until very smooth and easy to pipe.
- Add the butter and whisk until light and smooth and pipe using vermicelli tip.

### **Nutrition Facts**

Serving Size 40.9g Servings Per Container about 10

Amount Per Serving	
Calories 180 Calories From	Fat 130
%	Daily Value
Total Fat 14g	22%
Saturated Fat 8g	42%
Trans Fat 0g	
Cholesterol 30mg	11%
Sodium 35mg	1%
Total Carbohydrate 13g	4%
Dietary Fiber 1g	5%
Protein 1g	
Vitamin A 8% Vitamin	C 2%
Calcium 2% Iron	6%
* Percent Daily Values are based on a	

Nutrition Facts

Serving Size 55g Servings Per Container 10

Amount Per Serving		
Calories 120 Calori	es From Fai	110
	% Daily	/ Value
Total Fat 12g		19%
Saturated Fat 8g		38%
Trans Fat 0g		
Cholesterol 35mg		11%
Sodium 125mg		5%
Total Carbohydrate	2g	1%
Dietary Fiber 0g		0%
Protein 1g		
Vitamin A 10%	Vitamin C	0%

Calcium



### **Chestnut Yule Log**

#### **Light Chestnut Mousse**

Ingredients	Quantity	Cost (SGD)	% of Total
Egg Yolks	40g	\$0.12	1.2%
Sugar	60g	\$0.25	2.6%
Water	20g	\$0	0%
Chestnut Paste	300g	\$7.14	73.7%
Masse Gelatine	54g	\$0.47	4.9%
Whipped Cream	200g	\$1	10.3%
Pâtissier Chocolate Artisan Milk 34.6% Couverture	100g	\$0.70	7.3%

Servings Per Container	about 11	
Amount Per Serving		
Calories 160 Calories	From Fat 100	
	% Daily Value	
Total Fat 11g	18%	
Saturated Fat 7g	34%	
Trans Fat 0g		
Cholesterol 75mg	25%	
Sodium 20mg 1%		
Total Carbohydrate 13	3g <b>4</b> %	
Dietary Fiber 0g	0%	
Protein 3g		
Vitamin A 8% Vit	amin C 0%	
Calcium 4% Iro	n 2%	
* Percent Daily Values are base calorie diet.	ed on a 2000	

**Nutrition Facts** 

Serving Size 72g

Total	Single Portion	Whole Recipe
Cost	\$0.90	\$9.68

- I. Soak the gelatin sheets.
- Boil the sugar and water to 121°C before pouring into the beaten eggs and add the soaked gelatin then Pâtissier Chocolate Artisan Milk 34.6% Couverture.
- 3. Beat the chestnut paste until smooth, combine with your first mixture and add the whipped cream mix with care.

