



# Palet D'or

## 74% DARK GANACHE

Ingredients	Quantity	Cost (SGD)	% of Total
Glucose Syrup	130g	\$0.74	4.4%
Cream	550g	\$2.75	16.4%
Butter	45g	\$0.79	4.7%
Alcohol 96%	25g	\$1.82	10.9%
Pâtissier Chocolate Artisan	625g	\$8.25	49.3%
Dark 74% Couverture			
Earl Grey Tea Powder	24g	\$2.38	14.2%
<b>Total Cost</b>		<b>\$0.42</b>	<b>\$16.72</b>

1. Boil Glucose Syrup and Cream and remove from heat.
2. Add Earl Grey Tea Powder and Alcohol 96%. Let it infuse for 3 to 5 minutes before straining to get the good juice with tea flavour.
3. Pour over Pâtissier Chocolate Artisan Dark 74% Couverture and use a hand mixer to smooth the ganache until shiny.
4. At 40°, add the soft Butter to obtain a perfect texture then immediately pour over a plastic frame at 05 mm high and let it set over a night in cool air-conditioned room. This create the perfect crystallisation to obtain a smooth palet.

## 74% DARK DIP

Ingredients	Quantity	Cost (SGD)	% of Total
Pâtissier Chocolate Artisan	1kg	\$13.20	88.7%
Dark 74% Couverture			
Pâtissier Chocolate Artisan	80g	\$1.68	11.3%
Cocoa Butter			
<b>Total Cost</b>		<b>\$0.37</b>	<b>\$14.88</b>

1. For the dip for the Palet D'or, process the regular tempering with Pâtissier Chocolate Artisan Cocoa Butter to give better fluidity during the dipping and decorate the gold leaves on top.

## ASSEMBLY

1. After a full day of crystallization, cut the 74% Dark Ganache with a round cutting ring.
2. Start the dipping using a chocolate fork then apply the gold leaves and immediately add a small plastic sheet on top to create the shiny effect. Make sure you press to get a good flat shape.
3. Leave in a cool room for at least 6 hours before removing the plastic if not the shiny effect will not appear.

Nutritional Facts	
Serving Size	35g
Servings per Container	40
Amount per serving	
<b>Calories</b>	<b>160 from Fat 120</b>
% Daily Values*	
<b>Total Fat</b> 13g	<b>20%</b>
Saturated Fat 8g	<b>40%</b>
Trans Fat 0g	
Polyunsaturated Fat 0g	
Monounsaturated Fat 4g	
<b>Cholesterol</b> 20mg	<b>7%</b>
<b>Sodium</b> 15mg	<b>1%</b>
<b>Total Carbohydrate</b> 10g	<b>3%</b>
Dietary Fiber 2g	<b>8%</b>
<b>Protein</b> 2g	
Vitamin A 6%	Vitamin C 0%
Calcium 2%	Iron 10%

\* Percent Daily Values are based on a 2000 calorie diet.

Nutritional Facts	
Serving Size	27g
Servings per Container	40
Amount per serving	
<b>Calories</b>	<b>170 from Fat 120</b>
% Daily Values*	
<b>Total Fat</b> 13g	<b>20%</b>
Saturated Fat 8g	<b>40%</b>
Trans Fat 0g	
Polyunsaturated Fat 0g	
Monounsaturated Fat 4.5g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 0mg	<b>0%</b>
<b>Total Carbohydrate</b> 11g	<b>4%</b>
Dietary Fiber 3g	<b>11%</b>
<b>Protein</b> 2g	
Vitamin A 0%	Vitamin C 0%
Calcium 2%	Iron 15%

\* Percent Daily Values are based on a 2000 calorie diet.



All stated prices are indicative.